

## Breakfast

#### Viennoiserie

£5.95 each

Croissant au Beurre (170) (v)

**Fruit Danish** (524) (v)

Croissant aux Amandes (580) (v)

Pain aux Raisins (240) (v)

Pain au Chocolat (285) (v)

# **CEREALS & FRUIT**

Greek Yoghurt (468) (v)			5.75
Pink Grapefruit (97) (vg)			7.25
Granola (703) (v)			8.50
Birchermüesli (564) (v)			8.75
Seasonal Fruit Salad (82) (vg)			10.75

#### **EGGS**

	Fried (334), Poached (46) or Scrambled Eggs (518) (v) 7.75
	2 Boiled Eggs with Soldiers (592) (v) 10.50
	Potato Rösti with Fried Eggs (758) (v) 15.50
	Omelettes (441) from 12.50
	Eggs Benedict (668) 13.50/ (1095) 21.00
	Eggs Florentine (v) . (740) 14.25/ (1481) 21.75
	Eggs Royale (711) 14.95/ (1629) 23.00
	Mashed Avocado, Tomato and Poached Eggs on Toast (v) (545) 16.50
<u></u>	Smoked Salmon and Scrambled Eggs (1048). 22.50

#### Toasted:

white bloomer, wholemeal bloomer, sourdough, gluten free: white and seeded from (125) 2.95 baguette with homemade jams (435) 4.75

> butter and homemade jams 2.25 butter, homemade jams and spreads 2.75



Scan to view a menu with calories. Adults need around 2,000 Kcal a day

#### Hot Breakfast

Classic Porridge (275) (v) (vg)		8.50
Creamed Porridge, with berry compote (735)	) (v)	11.50
Crispy Bacon Roll (631)		
Sausage Sandwich (309)		
Pancakes or French Toast  with maple syrup (1030 / 1533) (v)  with bacon (960 / 1491)  with a mixed berry compote and crème fraîche (795 / 971) (v)		17.50
Grilled Kipper with Mustard Butter (880) .		17.25
The Vegetarian Breakfast (675) (V)  with poached eggs, potato rosti, halloun tomato and mushroom		
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#### THE ENGLISH 24.50

eggs: fried (1312), poached (1236) or scrambled (1640) with bacon, sausage, tomato, black pudding, baked beans and mushroom

### SMOOTHIES =

Berry Bliss (155) 8.50

banana, strawberry, blueberry, raspberry, coconut milk, lime Daily Sweet Greens (42.5) 8.50

Kale, spinach, cucumber, pineapple, apple, lime and ginger

Clean Carrot (100) 8.50 carrot, orange, apple, ginger

Tropical Tumeric (140) 8.50 mango, passion fruit, pear, pineapple, turmeric

# Juices ==

small: 5.75 large: 6.50

Grapefruit (50/75), Pineapple (40/75), Orange, (60/90) Apple (60/90), Cranberry (50/75), Tomato (60)

Ginger Shot (41) 3.50

#### COFFEES ~ TEAS

Espresso 4.95 ~ Americano 6.50 Cappuccino 6.25 Flat White 6.25 ~ Milchkaffee 6.25

Teas from 5.95

English Breakfast ~ Earl Grey ~ Darjeeling Green ~ Fresh Mint ~ Camomile ~ Delaunay Blend A further selection of teas & infusions are available

Soya, almond and oat milk available

Please inform your server if you have any food allergies or special dietary needs